

## Hot meal menu: JANUARY 2024

Day/Date	Morning Snack / Brunch		Lunch		
	Non-Vegetarian	Vegetarian	Asian	Western	Vegetarian
Mon, 1 January, 2024	NEW YEAR'S DAY				
Tue, 2 January, 2024	Tom Yam Noodles & Fruit Juice	Tom Yam Noodles & Cut Fruits (Vegetarian)	Sweet & Sour Fish with Assorted Vegetables and Ginger Rice	Baked Chicken Slices with Creamy Pasta and Salad	Vegetarian Green Pea Pesto Pasta with Salad (Vegetarian)
Wed, 3 January, 2024	Singapore Fried Mee Hoon & Cut Fruits	Singapore Mee Hoon & Cut Fruits (Vegetarian)	Roasted Chicken Rice with Acar	Roasted Fish with Mushrooms, Sauted Vegetables & Pasta	Braised Siew Bak Choy and Tofu with Vegetarian Oyster and Sauce
Thu, 4 January, 2024	Banchan with Condiments & Cut Fruits	Banchan with Condiments & Cut Fruits (Vegetarian)	Chinese Bee Hoon Soup with Fish Ball and Assorted Vege	Roast Chicken Pasta Alfredo Primavera	Vegetarian Gremolata Pasta & Salad (Vegetarian)
Fri, 5 January, 2024	Macaroni & Cheese with Chicken & Salad	Macaroni & Cheese with Salad (Vegetarian)			
Mon, 8 January, 2024	Cereal with Milk and Cut Fruits	Cereal with Milk and Cut Fruits (Vegetarian)	Asam Fish Fillet with Assorted Vege and Steam Rice	Chicken Spaghetti Bolognese with Salad	Vegetarian Curry with Corn Butter Rice
Tue, 9 January, 2024	Nasi Lemak with Condiments	Nasi Lemak with Condiments (Vegetarian)	Kung Pow Chicken & Garlic Bok Choy with Rice	Barbecue Fish with Sautéed Vegetables & Valencienne Rice	Pasta with Garlic Sauce & Roasted Vegetables (Vegetarian)
Wed, 10 January, 2024	Toasted Wholemeal Bread with Baked Beans and Fruit Juice	Toasted Wholemeal Break with Baked Beans and Fruit Juice (Vegetarian)	Tandoori Fish with Acar and Butter Rice	Chicken and Cheese Pizza with Grilled Corn Cob	Vegetarian Pizza with Grilled Corn Cob (Vegetarian)
Thu, 11 January, 2024	Cantonese style Braised Kuw teow with Cut Fruits	Cantonese style Braised Kuw teow with Cut Fruits (Vegetarian)	Chicken Curry with Glass Noodles	Seared Fish with Tomato Sauce Pasta	Vegetarian Tortilla Wrap (Vegetarian)
Fri, 12 January, 2024	Chicken Lasagna with Salad	Vegetarian Lasagna with Salad (Vegetarian)			
Mon, 15 January, 2024	Waffle serve with Jam & Fruit Juice	Waffle serve with Jam & Fruit Juice (Vegetarian)	Teriyaki Fish with Assorted Vegetables & Fried Rice	Chicken Blanquette with Mushroom & Pasta	Brinjal Aloo Gobi & Rice (Vegetarian)

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Tue, 16 January, 2024	Kuey Teow & Chicken with Fruit Juice	Kuey Teow with Fruit Juice (Vegetarian)	Steam Fish Fillet with Ginger Paste and Sauted Long Cabbage with Steam Rice	Chicken Stroganoff with Aglio Olio Pasta	Vegetarian Fish Sauté Vegetables & Cheese Wrap (Vegetarian)
Wed, 17 January, 2024	Cintan Noodles with Bean Sprouts, Egg, Tofu & Fruit Juice	Cintan Noodles with Bean Sprouts, Egg, Tofu & Fruit Juice & Cut Fruits (Vegetarian)	Korean Style Chicken and Kimchi with Garlic Fried Rice	Oven Baked Fish Served with Ratatouille & Pasta	Sweet & Sour Fu Chuk and Broccoli with Cauliflower & Corn Rice (Vegetarian)
Thu, 18 January, 2024	Nasi Lemak & Condiments	Nasi Lemak & Condiments (Vegetarian)	Mongolian Beef with Sauted Broccoli & Steam Rice	Lemon Crust Fish with Tomato & Spaghetti	Pasta with Garlic Sauce & Roasted Vegetables (Vegetarian)
Fri, 19 January, 2024	Salmon Kedgeree Summer Style with Snap Peas	Vegetarian Kedgeree Summer Style with Snap Peas (Vegetarian)			
Mon, 22 January, 2024	Hailam Noodles & Fruit Juice	Vegetarian Hailam Noodles & Fruit Juice (Vegetarian)	Ayam Percik, Pajeri Brinjal & Sauce with Rice	Roasted Fish with Mushrooms, Sauted Vegetables & Pasta	General Tso Tofu and Assorted Vegetables serve with Steam Rice
Tue, 23 January, 2024	Kampung Fried Rice with Cut Fruits	Kampung Fried Rice with Cut Fruits (Vegetarian)	Butter Fish with Rice & Stir Fried Vegetable	Beef Stroganoff with Valencienne Rice	Cauliflower & Coconut Dhal with Briyani Rice (Vegetarian)
Wed, 24 January, 2024	Sambal Fried Noodles & Cut Fruits	Sambal Fried Noodles & Cut Fruits (Vegetarian)	Ayam Goreng Berempah & Ulam Rice	Fish Blanquette with Tri Color Pasta	Creamy Pasta Spinach with Spiced Breadcrumbs (Vegetarian)
Thu, 25 January, 2024	THAIPUSAM				
Fri, 26 January, 2024	Korean Style Cheese Fried Rice	Korean Style Cheese Fried Rice (Vegetarian)			
Mon, 29 January, 2024	Maggi Mee Goreng Mamak with Fruit Juice	Maggi Mee Goreng Mamak with Fruit Juice (Vegetarian)	Nasi Lemak with Ayam Berempah and Assorted Vege Condiments	Baked Fish Fillet with Spaghetti Napolitan and Salad	Nasi Lemak with Vegetarian Ayam Berempah and Assorted Vege Condiments (Vegetarian)
Tue, 30 January, 2024	Hokkien Style Braised Noodle with Cut Fruits	Hokkien Style Braised Noodle with Cut Fruits (Vegetarian)	Korean Style Chicken with Kimchi & Garlic Fried Rice	Oven Baked Fish Served with Ratatouille & Pasta	Dhall and Assorted Vege Curry Serve with Steam Rice
Wed, 31 January, 2024	Korean Rice Bowl & Fruit Juice	Korean Rice Bowl & Fruit Juice (Vegetarian)	Black Pepper Fish with Capsicum and Yee Mee Noodles	Mushroom Chicken with Carrots & Potato Gratin	Dry Aloo Gobi with Steam Rice (Vegetarian)

## Hot meal menu: FEBRUARY 2024

Day/Date	Morning Snack / Brunch		Lunch		
	Non-Vegetarian	Vegetarian	Asian	Western	Vegetarian
Thu, 1 February, 2024	Kampung Fried Rice with Cut Fruits	Kampung Fried Rice with Cut Fruits (Vegetarian)	Teriyaki Fish with Shredded Vegetables & Fried Rice	Sausage with Sauerkraut, Mash Potato & Brown Sauce	Cauliflower & Coconut Dhal with Briyani Rice (Vegetarian)
Fri, 2 February, 2024	Roast Black Pepper Chicken with Chips & Salad	Vegetarian Skewer with Chips & Salad (Vegetarian)			
Mon, 5 February, 2024	Fried Yee Mee & Cut Fruits	Fried Yee Mee & Cut Fruits (Vegetarian)	Braised Soy Chicken with Assorted Sautéed Vege & Rice	Beef Tagine with Rice & Chickpeas	Creamy Pasta Spinach with Spiced Breadcrumbs (Vegetarian)
Tue, 6 February, 2024	Golden Prosperity Fried Rice with Chicken and Vegetables (CNY SPECIAL)	Golden Prosperity Fried Rice with Vegetarian Chicken and Vegetables (CNY SPECIAL)	Chi Kut Teh with Sautéed Assorted Vegetables with Steam Rice (CNY SPECIAL)	Barbecue Fish with Aglio Olio Pasta	Sweet & Sour Vegetarian Fish with Assorted Vege & Rice (Vegetarian)
Wed, 7 February, 2024	Maggi Mee Goreng Mamak	Maggi Mee Goreng Mamak (Vegetarian)	Chinese Tauchu Braised Fish with Sautéed Vegetables & Rice	Roasted Chicken with Mushroom & Pasta	Vegetarian Green Curry serve with Rice (Vegetarian)
Thu, 8 February, 2024	<div>Term Break</div>				
Fri, 9 February, 2024					
Mon, 12 February, 2024					
Tue, 13 February, 2024					
Wed, 14 February, 2024					
Thu, 15 February, 2024	Cereal Bowl with Milk & Cut Fruits	Cereal Bowl with Milk & Cut Fruits (Vegetarian)	Sesame Chicken with Fried Yee Mee and Mixed Vegetables	Fish Fillet Mushroom & Tomato with Mashed Potato	Vegetarian Lontong with Assorted Vegetables (Vegetarian)

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	Non-Vegetarian	Vegetarian	Asian	Western	Vegetarian
Fri, 16 February, 2024	Chicken Lasagna with Salad	Vegetarian Lasagna & Salad (Vegetarian)			
Mon, 19 February, 2024	Hash Brown with Scramble Egg	Hash Brown with Scramble Egg (Vegetarian)	Deep Fried Nam Yuu Chicken and Sautéed Assorted Vegetables with Steam Rice	Oven Baked Fish Served with Ratatouille & Pasta	Pasta with Vegetarian Tomato Stew (Vegetarian)
Tue, 20 February, 2024	Roti Prata with Dhall Curry	Roti Prata with Dhall Curry (Vegetarian)	Crispy Fish Fillet with Plum Sauce and Assorted Vegetables & Rice	Chicken Spaghetti Bolognese with Salad	Braised Tofu & Assorted Vege with Vegetarian Oyster Sauce and Steam Rice (Vegetarian)
Wed, 21 February, 2024	Banchan with Condiments & Cut Fruits	Banchan with Condiments & Cut Fruits (Vegetarian)	Ayam Masak Merah with Jelatah & Rice	Lemon Crust Fish with Tomato & Spaghetti	Assorted Roasted Potatoes with Bok Choy & Caramelised Onions & Pasta (Vegetarian)
Thu, 22 February, 2024	Cantonese Braised Kuew Teow with Fruit Juice	Cantonese Braised Kuew Teow with Fruit Juice (Vegetarian)	Hainanese Chicken Rice with Yellow Rice	Spiced Fish with Mushroom Pasta	Stuffed Provençal Tomato with Pilaf Rice & Tofu (Vegetarian)
Fri, 23 February, 2024	Baked Chicken Rice with Curry Sauce Mixed Vegetables & Salad	Baked Rice with Tomato Sauce, Mixed Vegetables & Salad (Vegetarian)			
Mon, 26 February, 2024	Croissant serve with Milk and Cut Fruits	Croissant serve with Milk and Cut Fruits (Vegetarian)	Chana Masala Fish with Turmeric Cabbage & Tomato Rice	Chicken Sausage with Sauerkraut, Broccoli & Pasta	Pasta with Garlic Sauce & Roasted Vegetables (Vegetarian)
Tue, 27 February, 2024	Korean Rice Bowl with Condiments	Korean Rice Bowl with Condiments (Vegetarian)	Cantonese Braised Bee Hoon with Chicken Strips and Mixed Vegetables	Fish Blanquette Mushroom & Valencienne Rice	Aglio Olio Pasta with Roasted Root Vegetables & Tomato Sauce (Vegetarian)
Wed, 28 February, 2024	Siam Bee Hoon with Cut Fruits	Siam Bee Hoon with Cut Fruits (Vegetarian)	Saucy Butter Fish Fillet with Sautéed Assorted Vegetables and Steam Rice	Spaghetti Bolognese with Sautéed Broccoli, Cauliflower and Carrots	Dry Aloo Gobi with Corn Rice (Vegetarian)
Thu, 29 February, 2024	Nasi Goreng Kampung with Fruit Juice	Nasi Goreng Kampung with Fruit Juice (Vegetarian)	Sautéed Chicken with Ginger and Onion Serve with Steam Rice and Sautéed Assorted Vegetables	Baked Fish Mushroom with Carrot Fettucine	Sautéed Superior Trio Mushroom serve with Steam Rice (Vegetarian)

## Hot meal menu: MARCH 2024

Day/Date	Morning Snack / Brunch		Lunch		
	Non-Vegetarian	Vegetarian	Asian	Western	Vegetarian
Fri, 1 March, 2024	Fish & Chips with Mix Salad	Vegetarian Fish & Chips with Green Salad (Vegetarian)			
Mon, 4 March, 2024	Cantonese Style Fried Noodle & Cut Fruits	Cereal Bowl with Milk & Cut Fruits (Vegetarian)	Korean Style Chicken with Onion Fried Rice & Kimchi	Fish Blanquette with Mushroom & Rice Valencienne	Vegetarian Gremolata Pasta & Salad (Vegetarian)
Tue, 5 March, 2024	Stir Fried Chinese Style Kuew Teow with Fruit Juice	Stir Fried Chinese Style Kuew Teow with Fruit Juice (Vegetarian)	Thai Fish Green Curry Rice with Vegetables	Roasted Chicken Chop with Crisps & Brown Sauce	Creamy Pasta Spinach with Curry Breadcrumbs (Vegetarian)
Wed, 6 March, 2024	Sambal Fried Noodles & Cut Fruits	Sambal Fried Noodles & Cut Fruits (Vegetarian)	Fish Chana Massala with Onion Rice	Chicken Basquaise with Pasta & Vegetables	Brinjal Aloo Gobi & Rice (Vegetarian)
Thu, 7 March, 2024	Yang Chow Fried Rice and Fruit Juice	Yang Chow Fried Rice and Fruit Juice (Vegetarian)	Kung Pow Chicken & Garlic Bok Choy with Rice	Oven Baked Fish Served with Ratatouille & Pilaf Rice	Tomato Stew with Potato & Cauliflower (Vegetarian)
Fri, 8 March, 2024	Cintan Noodles with Bean Sprouts, Egg, Tofu & Fruit Juice & Cut Fruits (Vegetarian)	Cintan Noodles with Bean Sprouts, Egg, Tofu & Fruit Juice & Cut Fruits (Vegetarian)			
Mon, 11 March, 2024	Waffle & Jam with Milk & Cut Fruits	Waffle & Jam with Milk & Cut Fruits (Vegetarian)	Assam Fish with Lady's Fingers and Noodles	Chicken Carbonara Pasta with Salad	Chinese Braised Assorted Vegetable serve with Rice (Vegetarian)
Tue, 12 March, 2024	Singapore Fried Mee Hoon & Cut Fruits	Singapore Mee Hoon & Cut Fruits (Vegetarian)	Black Pepper Fish Fillet with Sautéed Vegetables and Steam Rice	Chicken & Cheese Pizza with Salad	Vegetarian Pizza & Mixed Salad (Vegetarian)
Wed, 13 March, 2024	Paratha with Curry & Cut Fruits	Paratha with Curry & Cut Fruits (Vegetarian)	Chicken Tandoori with Basmati Rice & Salad	Oven Roasted Fish with Bread Crumbs & Pasta	Pasta with Garlic Sauce & Roasted Vegetables (Vegetarian)
Thu, 14 March, 2024	Braised Hokkien Bee Hoon serve with Fruit Juice	Braised Hokkien Bee Hoon serve with Fruit Juice (Vegetarian)	Roast Chicken Tikka Masala with Grilled Vegetables & Rice	Fish Moussaka with Pasta & Salad	Spiced Aubergine & Potato with Pasta (Vegetarian)
Fri, 15 March, 2024	Hong Kong Style Baked Rice with Cut Fruits	Hong Kong Style Baked Rice with Cut Fruits (Vegetarian)			

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Mon, 18 March, 2024	Fried Yee Mee & Cut Fruits	Fried Yee Mee & Cut Fruits (Vegetarian)	Cantonese Style Braised Rice with Chicken Cubes and Assorted Vegetables	Grilled Fish Fillet with Broccoli and Creamy Pasta	Braised Chinese Monk Style Assorted Vegetables with Steam Rice
Tue, 19 March, 2024	Mix Vegetable Fried Rice Chicken Cubes & Cut Fruits (Vegetarian)	Mix Vegetable Fried Rice with Vegetarian Chicken Cubes & Cut Fruits (Vegetarian)	Chana Masala Fish with Turmeric Cabbage & Tomato Rice	Chicken & Cheese Pizza with Salad	Vegetarian Pizza & Mixed Salad (Vegetarian)
Wed, 20 March, 2024	Singapore Fried Bee Hoon with Fruit Juice	Banchan & Condiment (Vegetarian)	Jeera Rice with Mughlai Beef and Mixed Vegetables	Steam Fish Ratatouille with Rice	Cantonese Style Braised Rice with Vegetarian Chicken Cubes and Assorted Vegetables (Vegetarian)
Thu, 21 March, 2024	Baked Chicken Rice with White Sauce Mixed Vegetables & Salad	Singapore Fried Bee Hoon with Fruit Juice (Vegetarian)	Teriyaki Fish with Shredded Vegetables & Fried Rice	Chicken Stroganoff with Aglio Olio Pasta	Vegetarian Pesto Pasta with Salad & Fruit (Vegetarian)
Fri, 22 March, 2024	Chicken and Assorted Vege with Aglio Olio	Vegetarian Chicken and Assorted Vege with Aglio Olio (Vegetarian)			
Mon, 25 March, 2024	Sambal Fried Noodles & Cut Fruits	Cintan Noodles Kampung Style with Cut Fruits (Vegetarian)	Salted Egg York Fish Fingers with Sautéed Mixed Vegetables and Steam Rice	Grilled Spiced Chicken and Assorted Vegetables with Aglio Olio	Creamy Vegetarian Kurma serve with rice
Tue, 26 March, 2024	Kampung Fried Rice with Cut Fruits	Kampung Fried Rice & Fruit Juice (Vegetarian)	Tandoori Fish Fillet and Grilled Vegetables with Butter Rice	Jumbo Sausage with Sauerkraut, Mash Potato & Brown Sauce	Vegetarian Chicken Pasta with Vegetables, Cranberry & Breadcrumbs (Vegetarian)
Wed, 27 March, 2024	Paratha with Curry & Cut Fruits	Cereal Bowl with Milk & Cut Fruits (Vegetarian)	Ayam Penyet, Fried Tempeh Vegetables & Rice	Barbecue Fish with Aglio Olio Pasta	Creamy Pasta Spinach with Lemon Breadcrumbs (Vegetarian)
Thu, 28 March, 2024	NUZUL AL-QURAN				
Fri, 29 March, 2024	Chicken Shepherd's Pie with Salad	Vegetarian Shepherd's Pie with Salad (Vegetarian)			

## Hot meal menu: APRIL 2024

Day/Date	Morning Snack / Brunch		Lunch		
	Non-Vegetarian	Vegetarian	Asian	Western	Vegetarian
Mon, 1 April, 2024	Fried Mee Hoon & Cut Fruits	Fried Mee Hoon & Cut Fruits (Vegetarian)	Roast Chicken Tikka Masala with Aubergine Fries & Rice	Fish Blanquette with Tri Color Pasta	Tomato Stew with Potato & Cauliflower (Vegetarian)
Tue, 2 April, 2024	Kuey Teow & Chicken with Fruit Juice	Kuey Teow with Fruit Juice (Vegetarian)	Fish Curry with Acar & Ginger Rice	Chicken Carbonara Pasta with Salad	Stuffed Provençal Tomato with Pilaf Rice & Tofu (Vegetarian)
Wed, 3 April, 2024	Nasi Lemak & Condiments	Nasi Lemak & Condiments (Vegetarian)	Korean Fish Fillet with Kimchi and Steam Rice	Lemon Chicken Strips with Grilled Vegetables and Pasta	Vegetable Quesadilla Warp (Vegetarian)
Thu, 4 April, 2024	Scrambled Eggs, Baked Beans & Sausage with Cut Fruits	Scrambled Eggs Baked Beans Sausages & Fruit Juice (Vegetarian)	Cantonese Style Braised Rice with Chicken Cubes and Assorted Vegetables	Fish Burger & French Fries with Salad	Vegetarian Burger with Fries & Salad (Vegetarian)
Fri, 5 April, 2024	Fish n Chips with Salad	USA Fried Rice with Mixed Vegetables			