

Day/Date	Morning Snack / Brunch		Lunch		
	Non-Vegetarian	Vegetarian	Asian	Western	Vegetarian
WELCOME BACK					
Tue, 1 March, 2022	Kampung Fried Rice with Cut Fruits	Kampung Fried Rice with Cut Fruits (Vegetarian)	Teriyaki Fish with Shredded Vegetables & Fried Rice	Chicken Stroganoff with Aglio Olio Pasta	Cauliflower & Coconut Dhal with Briyani Rice (Vegetarian)
Wed, 2 March, 2022	Sambal Fried Noodles & Cut Fruits	Cintan Noodles Kampung Style with Cut Fruits (Vegetarian)	Chana Masala Fish with Turmeric Cabbage & Tomato Rice	Jumbo Sausage with Sauerkraut, Mash Potato & Brown Sauce	Mixed Vegetables Wrap with Rice & Salad (Vegetarian)
Thu, 3 March, 2022	Paratha with Curry & Cut Fruits	Waffle with Chocolate Sauce & Cut Fruit	Ayam Penyet, Fried Tempeh Vegetables & Rice	Barbecue Fish with Aglio Olio Pasta	Creamy Pasta Spinach with Spiced Breadcrumbs (Vegetarian)
Fri, 4 March, 2022	Roast Black Pepper Chicken with Chips & Salad	Vegetarian Skewer with Chips & Salad (Vegetarian)			
Mon, 7 March, 2022	Cintan Noodles Kampung Style with Cut Fruits	Vegetarian Cintan Noodles with Cut Fruit (Vegetarian)	Braised Soy Chicken, Okra, Carrot & Rice	Barbecue Fish with Aglio Olio Pasta	Sweet & Sour Vegetarian Fish & Rice (Vegetarian)
Tue, 8 March, 2022	Paratha with Curry & Cut Fruits	Waffle with Cut Fruit (Vegetarian)	Chinese Style Fish Sautéed Vegetables & Rice	Lamb Tagine with Rice & Chickpeas	Vegetarian Pesto Pasta with Salad & Fruit (Vegetarian)
Wed, 9 March, 2022	Sambal Fried Noodles & Cut Fruits	Cintan Noodles Kampung Style with Cut Fruits (Vegetarian)	Sesame Chicken with Fried Yee Mee	Roasted Fish with Mushrooms, Sautéed Vegetables & Pasta	Potato, Broccoli, Cauliflower & Carrot Curry (Vegetarian)
Thu, 10 March, 2022	Korean Rice Bowl & Cut Fruits	Mix Vegetable Fried Rice (with Vegetarian Chicken) & Cut Fruits (Vegetarian)	Chinese Fish Black Pepper Sauce with Rice	Chicken Lasagna with Mixed Salad	Vegetarian Lasagna & Mixed Salad (Vegetarian)
Fri, 11 March, 2022	Macaroni & Cheese with Chicken & Salad	Macaroni & Cheese with Salad (Vegetarian)			
Mon, 14 March, 2022	Waffle & Jam with Milk & Cut Fruits	Waffle & Jam with Milk & Cut Fruits (Vegetarian)	Steam Fish Asam Boi Long Cabbage & Rice	Chicken Carbonara Pasta with Salad	Roasted Mixed Potatoes with Bok Choy & Caramelised Onions (Vegetarian)
Tue, 15 March, 2022	Tom Yam Fried Rice & Cut Fruits	Fried Noodle with Vegetarian Fish (Vegetarian)	Chicken Tandoori with Basmati Rice & Salad	Barbecue Fish with Sautéed Vegetables & Valencienne Rice	Pasta with Garlic Sauce & Roasted Vegetables (Vegetarian)
Wed, 16 March, 2022	Fried Yee Mee & Cut Fruits	Fried Yee Mee & Cut Fruits (Vegetarian)	Sesame Chicken with Fried Yee Mee	Oven Baked Fish Served with Ratatouille & Pasta	Sweet & Sour Broccoli with Cauliflower & Corn Rice (Vegetarian)
Thu, 17 March, 2022	Kuey Teow & Chicken with Fruit Juice	Kuey Teow with Fruit Juice (Vegetarian)	Tilapia Fish Tandoori with Acar Rampai & Briyani Rice	Braised Beef Estouffade & Potato Gratin	Vegetarian Fish Sauté Vegetables & Cheese Wrap (Vegetarian)
Fri, 18 March, 2022	Baked Chicken Rice with Curry Sauce Mixed Vegetables & Salad	Baked Rice with Tomato Sauce, Mixed Vegetables & Salad (Vegetarian)			
Mon, 21 March, 2022	Cintan Noodles with Bean Sprouts, Egg, Tofu & Fruit Juice & Cut Fruits	Vegetarian Cintan Noodles with Cut Fruit (Vegetarian)	Sweet & Sour Fish Oyster Kailan with Ginger Rice	Chicken Spaghetti Bolognese with Salad	Lady Finger Curry & Corn Rice (Vegetarian)
Tue, 22 March, 2022	Sambal Fried Noodles & Cut Fruits	Vegetarian Fried Rice (Vegetarian)	Hainanese Chicken Rice with Yellow Rice	Roasted Chicken Chop with Crisps & Brown Sauce	Stuffed Provençal Tomato with Pilaf Rice & Tofu (Vegetarian)
Wed, 23 March, 2022	Paratha with Curry & Cut Fruits	Waffle with Cut Fruit (Vegetarian)	Light Fish Curry with Potato, Carrot & White Rice	Spiced Fish with Mushroom Pasta	Vegetarian Gremolata Pasta & Salad (Vegetarian)
Thu, 24 March, 2022	Banchan with Condiments & Cut Fruits	Banchan with Condiments & Cut Fruits (Vegetarian)	Chana Masala Fish with Turmeric Cabbage & Tomato Rice	Jumbo Sausage with Sauerkraut & Mash Potato	Vegetarian Lasagna & Salad (Vegetarian)
Fri, 25 March, 2022	Salmon Kedgeree Summer Style with Snap Peas	Vegetarian Kedgeree Summer Style with Snap Peas (Vegetarian)			
Mon, 28 March, 2022	Cintan Noodles Kampung Style with Cut Fruits	Cintan Noodles Kampung Style with Cut Fruits (Vegetarian)	Sesame Chicken with Fried Yee Mee	Lemon Crust Fish with Tomato & Spaghetti	Pasta with Garlic Sauce & Roasted Vegetables (Vegetarian)
Tue, 29 March, 2022	Singapore Fried Mee Hoon & Cut Fruits	Singapore Mee Hoon & Cut Fruits (Vegetarian)	Lamb Varuval Jeera Rice & Vegetables	Chicken Blanquette with Mashed Potato	Tomato Stew with Potato & Cauliflower (Vegetarian)
Wed, 30 March, 2022	Kerabu Fried Rice & Fruit Juice	Kampung Fried Rice & Fruit Juice (Vegetarian)	Thai Fish Green Curry Rice with Vegetables	Roasted Chicken Chop with Crisps & Brown Sauce	Stuffed Provençal Tomato with Pilaf Rice & Tofu (Vegetarian)
Thu, 31 March, 2022	Paratha with Curry & Cut Fruits	Waffle with Cut Fruit (Vegetarian)	Korean Style Chicken with Onion Fried Rice & Kimchi	Spiced Fish with Mushroom Pasta	Vegetarian Gremolata Pasta & Salad (Vegetarian)
Fri, 1 April, 2022	Chicken Lasagna with Salad	Vegetarian Lasagna & Salad (Vegetarian)			